

# Sleep Measures Focus Group



We would like to hear from caregivers of **adolescents with intellectual disabilities aged 12-18 years** about their attitudes towards sleep measures for their child:  
**Which questionnaires work? Which don't?**  
**What should the priorities of sleep measures be?**

Take part in a focus group with other caregivers and share your perspectives to win a shopping voucher!

Contact Miriam if you're interested in taking part:  
[mshab22@aston.ac.uk](mailto:mshab22@aston.ac.uk)  
or scan the QR code



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