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Here at Corley Academy, we recognise that safeguarding, child protection and promoting the welfare of children is an essential part of our duty of care to all students. As such, all staff and governors have a responsibility to provide a safe environment in which children can learn. We understand that safeguarding, child protection and promoting the welfare of all children is everyone's responsibility and that everyone has a role to play in protecting children. I hope that this newsletter highlights issues that you need to be aware of. You will see that we are focussing on online safety and, in particular, social media safety.

Please do not hesitate to contact us if you have any questions or concerns.

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Headteacher and Designated Safeguarding Lead

At Corley Academy we have different IT monitoring, filtering and reporting systems which all serve to keep our students safe when using computers and other devices in school and when using the internet.

We use Impero at Corley Academy. Impero is a leading UK based classroom software management company. Impero monitors students when they are using computers in school and provides real time alerting when inappropriate words are entered. Impero is a member of the Internet Watch Foundation and referenced on the UK Safer Internet website.

If your child types in an inappropriate word, we are alerted immediately. Impero takes a screen shot of what your child is looking at. We then ask to speak to your child. We will take your child out of the lesson they are in and we will share the screen shot with them. If this takes place, parents are contacted, and the concern is shared.

It is essential that parents support us in this venture and ensure that at home their children are using the internet responsibly. There are a few ways in which you can do this. Please see the following page with Online safety tips.

Online safety: top tips

Going online is a huge part of most young people's lives so it's important to talk to them about online safety. Here's our tips to get you started.

Chat to them about what they like to do online

The best way to find out what your child is doing online is to talk to them and have regular conversations so that online safety is part of everyday discussion. Ask them open-ended questions like 'What's your favourite game or app to play on?'.

- Listen to what they have to say and show an interest. They could give you a demo of their favourite app or show you their favourite YouTube or TikTok account.
- They will probably be able to teach you things you don't know! This will also give you an opportunity to chat about any safety settings they might already have in place.
- Regular conversations with your child will encourage them to come to you if they ever need support or advice.

Talk about who they are in contact with online

There are lots of different ways that children can talk to people online - messaging apps, on social media, and less obvious ways such as chat on online games. Talk to your child about who they are talking to and what they are sharing with them.

- Use settings to help limit who can contact your child.
- Remind your child that they shouldn't share personal information with people they don't know online.
- Let your child know they can come to you or another trusted adult if any conversation makes them feel uncomfortable.

Make sure to talk to your child first before implementing any

new settings and explain to them

Help manage what they see and do online

Parental controls and privacy settings can help you manage how your child spends time online and help to keep them safe.

- Device settings manage things like location sharing, screen time and in-app purchases. Most tech
- and gaming companies have dedicated pages to support with setting these up.
- App or game settings in-app tools that can help to keep your child's account private and manage who they're talking to. You can normally find information on these in account settings or directly on the platforms website.
- Mobile or network provider settings help to manage browsing access and stop your child from visiting inappropriate sites or downloading apps that aren't suitable. Contact your mobile or broadband provider for more information about setting this up.

Remember it's ok to ask for help!

Remember you don't have to be an online safety expert - that's our job! We're here to help, with resources and advice to help support you and your child.

If your child asks you a question you don't know the answer to, or speaks to you about a negative experience they had online, here are some of things you could do:

- Visit the NSPCC online safety hub: nspcc.org.uk/onlinesafety
- Call the NSPCC helpline 0808 800 5000 to speak to an advisor
- Ask another parent
- Speak to your child's teacher
- If your child needs more support, they can contact Childline: childline.org.uk

NSPCC

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how they help to keep them safe.

12 Social Med **Online Safety Tips** FOR CHILDREN WITH NEW DEVICES

#WakeUpWednesday

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With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

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1 DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS

Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.

2 **NEVER SHARE YOUR PERSONAL INFORMATION** WITH PEOPLE YOU DON'T KNOW

Keep your personal information personal. Sometime people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.

DON'T SHARE EMBARRASSING PHOTOS 3 **OR VIDEOS OF OTHERS ONLINE**

This could really upset them and could get you into a lot of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.

4 NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS

This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other peo and you won't be able to control who else sees it.



CREATE A POSITIVE ONLINE REPUTATION

Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.

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6 LIMIT YOUR SCREEN TIME

Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

7 BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.

8 REPORT INAPPROPRIATE CONTENT

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If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.

***** 10 ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.

11) ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

12 ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.

National Online Safety eUpier

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety -

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The Christmas Holiday can feel like a very long time, especially when needing help and support. However, there is help available: -

To find help in Coventry, you can:

- <u>Visit the Family Information Directory</u> to find lots more information on activities for children.
- Call Coventry City Council freephone hotline number 08085 834 333, available Monday to Friday 9am 5pm
- Use our Cost of living online chat
- Call the Emergency Duty Team on 024 7683 2222 if it's after 5pm and you're worried about the safety of a child or adult.

Family support

- **Family Hubs** are here to help. Freephone 0800 887 0545
- **Early Help** Help to all families with children 0-19 years.

Domestic abuse and sexual violence

- **<u>CRASAC</u>** 024 7627 7777
- <u>Safe to Talk helpline</u> 0800 111 4998

Adult mental health

- Mental Health Matters 0800 616 171
- <u>Samaritans</u>
 116 123 FREE from any phone
 0330 094 5717 local call charges apply.

Family health

- Family Health and Lifestyle Service 024 7518 9190
- Chat Health 07507 331949
- Rise Mental Health and Emotional Wellbeing Service (CWPT) 0300 200 2021 Between 8am and 8pm or 24/7 Crisis Line. For urgent calls and young people who are experiencing a mental health crisis contact the 24/7 Rise Crisis team on 08081 966798 option 2
- <u>Kooth</u> Kooth is a free online service offering emotional and mental support for children and young people.
 - CORLEY ACADEMY Inclusion Aspiration Perseverance Independence